



Breakfast & Learning with the Rabbi

Sunday, October 14, 2018, 9:30 AM
Temple Shalom Social Hall

**Rabbi will share his thoughts in Connection with
Dr. Ira Byock's Book, Four Things That Matter The Most**

Four simple phrases—"Please forgive me," "I forgive you," "Thank you," and "I love you"—carry enormous power to mend and nurture our relationships and inner lives. These four phrases and the sentiments they convey provide a path to emotional wellbeing, guiding us through interpersonal difficulties to life with integrity and grace.

All Temple Members are Invited to Attend This Special Free Program & Breakfast Co-Sponsored by Brotherhood and Renaissance. Come join us for a morning of sharing stories and learning how to strengthen our relationships

**Breakfast to include Bagels, Lox, Cream Cheese, Muffins,
Yogurt, Fruit Salad, Coffee, Tea, Juice & More**

You must RSVP by Tuesday, October 8, so we can properly size our catering.

**For additional information & to RSVP contact:
Sherry Danzig: 732-946-1215, sherrydanzig@gmail.com or
Roslyn Eichenbaum: 732-276-7148, roslyn.eichenbaum@gmail.com**